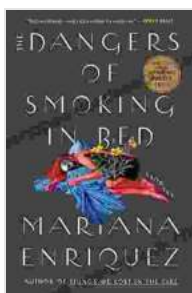


The Perils of Smoking in Bed: Stories to Heed

Smoking in bed is a dangerous habit that can lead to devastating consequences. Every year, thousands of people are injured or killed in fires caused by smoking in bed.

There are many factors that contribute to the risk of fire when smoking in bed. First, cigarettes are often dropped or knocked over, which can ignite bedding or other flammable materials. Second, smokers are often tired or intoxicated when they smoke in bed, which can impair their judgment and reaction time. Finally, bedding is often made of synthetic materials that burn easily.



The Dangers of Smoking in Bed: Stories by Mariana Enriquez

★★★★☆ 4.3 out of 5

Language : English
File size : 1650 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 181 pages



The following stories are just a few examples of the tragic consequences that can result from smoking in bed:

- In 2016, a 65-year-old woman died in a fire that started when she fell asleep while smoking in bed. The fire quickly spread to the rest of her

home, destroying everything in its path.

- In 2015, a 2-year-old boy was severely burned when his father's cigarette fell out of his hand and set fire to the bedding. The boy was rushed to the hospital, where he underwent multiple surgeries.
- In 2014, a 3-year-old girl died in a fire that started when her mother fell asleep while smoking in bed. The fire quickly engulfed the entire room, and the girl was unable to escape.

These are just a few of the many tragic stories that could have been prevented if people did not smoke in bed. If you smoke, please be aware of the dangers and take steps to protect yourself and your loved ones.

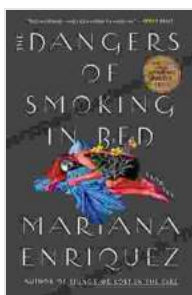
Here are some tips to help you avoid smoking in bed:

- Never smoke in bed, even if you are very tired.
- If you must smoke, use a deep ashtray and place it on a stable surface away from bedding and other flammable materials.
- Never leave a burning cigarette unattended.
- If you fall asleep while smoking, put your cigarette out immediately.
- Consider using a flame-resistant blanket or mattress pad.
- If you smoke in bed, make sure to have a working smoke detector in your bedroom.

By following these tips, you can help to reduce your risk of fire and injury. If you have any questions about smoking in bed, please talk to your doctor or fire safety expert.

Additional Resources

- National Fire Protection Association: Smoking
- Centers for Disease Control and Prevention: Smoking-Related Fires
- SmokefreeTXT: Smoking and Fire



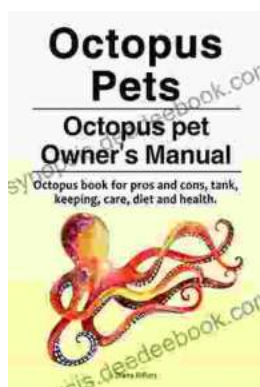
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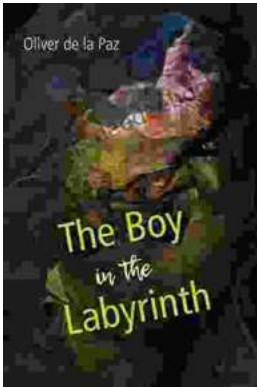
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